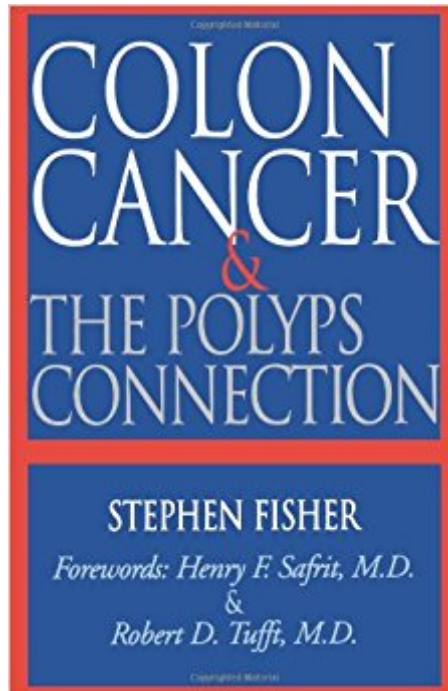




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Colon Cancer And The Polyps Connection



Synopsis

The first and only book exploring the causes, cures and prevention of colorectal cancer. Includes terms, procedures, treatments, medical facts and data from American Cancer Society and National Cancer Institute.

Book Information

Paperback: 288 pages

Publisher: Da Capo Press; 1 edition (June 22, 2000)

Language: English

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Product Dimensions: 6.1 x 0.7 x 9.2 inches

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Average Customer Review: 3.6 out of 5 stars 2 customer reviews

Best Sellers Rank: #418,123 in Books (See Top 100 in Books) #11 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Colorectal](#) #174 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Oncology](#) #235 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal](#)

Customer Reviews

When I was diagnosed with Colon Cancer, I was shocked. I had just been through a major surgery for Stage IV Bladder Cancer in 2005. I bought this book after searching for information online and then finding this book. This book gave me the option to "search inside this book", and what I found was very easy to understand information. Very informative. I recommend this to anyone who has been diagnosed or knows someone who is suffering with colon cancer now.

This is a good book for the newly diagnosed patient to the world of colon cancer. If I were so diagnosed I would buy it. It however has a great deal of information on nutrition that is incomplete or does not go far enough. The information on the staging of colon cancer and the definitions and the 'polyps connection' is informative. The majority of the sprinkled references for further information are to the ACS (American Cancer Society), the National Cancer Institute (NCI) or the institutions they help fund. These are billion dollar mainstream institutions that are embedded in their ideas and protocols that have not produced a significantly higher rate of 'survivors' in decades regardless of their funding. (Who besides convential medicine would define a 'survivor' as being alive five years

after their treatment?) The authors references suggest consuming 20-30 grams of fiber daily, suggest putrefaction of foods in the gut over the years, too few and inadequate bowel evacuations are main contributors to polyps and colon cancer. I concur, but would add that stress and its neurochemical changes is another contributor. The 'modern' lifestyle has not allowed time for the bowel. What and how much you eat is critical. When and how often you excrete it is equally important. I would suggest this book for a reference to staging, terminology, and as what it is, a readable book written by a diagnosed patient. The author refers to a mid 1990's federal 25 million dollar study to see if low-fat/high-fiber diet can reduce or eliminate polyps. Other degenerative disease therapy books of note have for decades suggested people daily eat raw fruits and vegetables, drink 64 oz of water, take fish oil or flax oil and exercise. I would also suggest the following books; The Gerson Therapy; Beating Cancer with Nutrition; Dr. Jensen's Guide to Better Bowel Care.

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Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer)
Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer, Cancer Prevention, Cancer Cure, Coping With Cancer, Cancer Books, Breast ... Cancer, Leukemia, Colon Cancer, Skin Cancer)
Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention)
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